Letter from Principal Talbert

Dear Dunlap Families,

There is no school on Monday, January 18th, as we officially celebrate the life and legacy of Dr. Martin Luther King—a day of civil rights, inclusiveness, cooperation and sharing. On Wednesday, January 20th, Inauguration Day, we will swear in our new President of the United States of America, Joe Biden and Vice President Kamala Harris.

In the words of Kareem Abdul-Jabbar: “...we have to look at the civil rights movement the way we look at antibiotics—just because some of the symptoms of racism are clearing up, you don’t stop taking the medicine or else the illness returns even stronger than before.” Dr. Martin Luther King’s legacy and the Inauguration shall be a reminder of Hope for our nation and a time for Healing.

As Coretta King said, “Dr. King knew that it wasn’t enough just to talk the talk, that he had to walk the walk for his words to be credible.” It is not enough to say that we stand for social justice, if we don’t act to effect change. It’s not enough to know all about the issues and feel good about spreading or hash tagging a word or phrase, if we continue to take the path of least resistance when it comes to taking that action step of change.

Standing or sitting in verbal silence and letting other people do the work, is not a stance of social justice, it’s acceptance. Are we holding true to our principles of social justice or are we only focusing on what feels comfortable for us? True Social Justice will be uncomfortable, at times it will feel intolerable and yet, it must always be intentional. It cannot be an afterthought.

Feel the strength and find the determination as we all continue to strive to do better, treat each other with kindness and put others before ourselves. We can no longer keep looking back, the baton has been handed to us; it’s now time to run our race with everything in us. No more head talk, that’s just chatter, it’s now time for the hardest working muscle in our body to operate...it’s time for our hearts to get into this movement.

Principal Talbert
Hello Caring Dunlap Families!

Last week you were asked three questions to think about. “What upsides of 2020 can you name?” “What opportunities do you see?” and “What has 2020 taught you that you can take into 2021?”

Let’s continue on our journey with ways to make 2021, “A Productive Positive Year.”

**Practice Gratitude.** Look beyond the fear, loss and disappointments. Instead, take an inventory of your life and include all the things 2020 prevented you from doing that you once took for granted. Now consider all the people and things in your life that you’re grateful for and let gratitude steer you beyond the gloom and doom. “**What are you grateful for?**”

**Chances.** Try taking small risks in new situations instead of predicting negative outcomes before giving them a try. You may be surprised of what happens. “**What small risks am I willing to take?**”

**Avoid blowing a situation out of proportion.** Please don’t let one negative experience rule your whole outlook. Yes, things are on hold for a while, but nothing lasts forever. There will definitely be other pathways to success. “**What situations are you willing to try your best to overcome in 2021?**”

**Focus on the solution, not the problem, because...** Having the knowledge, confidence, means, or ability to do things or make decisions for oneself, **will allow** you to step back from the problem and brainstorm a wide range of possibilities. This strategy will also broaden your perspective and help you see potential in the big picture. “**What possibilities do you see for 2021?**”

Be KIND to yourself. Part 3 next week.

*C. Hutchinson – Dunlap School Counselor*

- Helps you make friends.

I am grateful to work with your children at Dunlap.
WEDNESDAY MORNING ASSEMBLY - January 20, 2021 at 8:30 a.m.

In Celebration of Dr. Martin Luther King and the Presidential Inauguration. ALL ARE WELCOME!

Dunlap School Pledge

I show excellence in every way.
What I think, I can write;
What I read, I can say.
I say yes to right. I say no to wrong.
I do my best to get along.
Respect I’ll give, so respect I’ll earn.
I know I come to Dunlap to learn.
Here are things no one can take from me:
My respect, my responsibility, and my safety
I do my best to excel every day.
I show excellence in every way.
At Dunlap School, We Imagine Greatness!

Virtual Family Tea Thursday, January 21 at 5 - 6 p.m.

We have greatly appreciated your attendance at our VIRTUAL FAMILY TEAS. Thank you so much!

Everyone who attends will receive a raffle ticket and have a chance to win a prize basket!!!

Interested in participating in the PTSA? Please email DunlapPTSA@gmail.com

Dunlap Library Curbside Checkout and P.E. Equipment (Ball) Pickup

Library Curbside Checkout

- Contact: Ms. Ellingsen, Librarian kjellingsen@seattleschools.org
- When: Mondays and Tuesdays, 12 - 1 p.m.

P.E. Equipment (Ball) Pickup

- Contact: Ms. Blair, P.E. Teacher meblair@seattleschools.org
- When: Mondays and Tuesdays, 12 - 1 p.m.